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SENIORS FOR SENIORS

Pensioners Association of Slovenia,
PA Litija, Slovenia



The program was designed with the intention of assuring the elderly can stay in the comfort of their own homes even after their families are not able to help them anymore. It is run by retired social workers and sociologists and two employed professionals at the Pensioners Association of Slovenia (ZDUS).

The program is implemented exclusively within Pensioners' Associations (PAs) throughout Slovenia.

The program has been running continuously since 2004 and includes over 193.000 seniors (65% of all people over the age of 69) and over 3.500 volunteers nationwide. It started with only 16 PAs and now there are 284 PAs involved. In 2017 the European Parliament awarded the program the European Citizen's Prize.

Pensioners Association Litija is implementing the program in Municipality of Litija.
www.dulitija.si



POTENTIAL FOR TRANSFER

The program is designed to change the network of home services and it is a great example of help between people from the same community.

In the scope of the program an app called BOPRO was developed to help register people covered by the program and individual activities of volunteers. The app is also used to keep statistical information for individual PA.



HOW TO START

- secure funding
- establish partnerships with local care service providers
- research the needs of your local senior community
- enlist volunteers and senior users of your services
- train volunteers
- keep track of various necessary information by using the Seniors for seniors database application



WANT TO KNOW MORE?

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For more information visit:
z dus-zveza.si/programi-in-projekti/starejsi-za-starejse